

Reclaiming Christ's Ministry of Healing

Jesus healed. God's church, also, is given the gift and responsibility for healing.

Christian healing involves the trust that God works through dimensions of reality that we cannot understand, to bring healing and health. All healing comes from God and practitioners are merely channels of God's healing grace.

Prayer, laying on of hands, touch and anointing with oil are genuine instruments of healing, and are all components of the Healing Pathway practice.

The Healing Pathway Society is a United Church incorporated body which oversees training for practitioners across Canada and in Guatemala. Over 100 congregations have Healing Pathway ministries. There are 10 in the Ottawa region.

First United's team members participate in these training sessions and continue to learn and upgrade their understanding and commitment to this gift of healing touch.

The Council of First United recognized the congregation's Healing Pathway Ministry many years ago and renewed its commitment in 2011.

Some personal experiences ...

"Healing Pathway provided soft healing energy that helped me manage the harshness of chemoradiation treatments. I received hands on healing before and after my chemotherapy treatments; this helped me set a very clear intention for how the chemoradiation would affect both my cancerous cells and healthy tissue. It also helped me invite God's healing energy into my daily treatments. I appreciate the kindness and compassion of the practitioners and I love being in the beautiful chapel. Thank you for being part of my healing journey." E. L.

"Healing Pathway has been a refuge. A place where I can go to be still, to focus inwardly and allow positive energy to penetrate and heal my body, mind and soul. My sessions have always ended with me feeling grounded, peaceful and changed from the inside out. I am so grateful to each practitioner for the generous gift they so freely offer the community. Thank you!" L. M

"I feel very blessed that I have found healing sessions to add to my journey towards better health. After each session I feel stronger and more grounded, physically, mentally and spiritually. I wish to express my gratitude to the church and everyone involved in the Healing Pathway sessions." J. C.

HEALING PATHWAY MINISTRY AT FIRST UNITED CHURCH



Jesus called the twelve together
and gave them power
... and sent them out to heal

Luke 9:1 & 2

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About the Healing Pathway ...

Feeling stressed, in pain? Need some tender loving care or just plain curious? Come and receive healing touch for 45 minutes.

What can I expect?

Healing Pathway sessions work with the energy of the body. The practitioner's intention is to be an instrument of God's healing power. There are specific techniques taught within Healing Pathway that support the body's ability to heal.

You will be invited to lie down, fully clothed, on a massage table. Light touch may be used or the practitioners may work with their hands around the body without touching. You are free to ask questions or rest quietly and are totally in control of the session.

The intention of this work is to support well-being and wholeness. This can be experienced on physical, emotional, mental, and spiritual levels

People experiencing Healing Pathway sessions tell us:

- They feel safe and cared for, connected, loved and often relieved from specific symptoms
- They leave feeling more balanced and with more energy
- That it empowers their healing on many levels

Healing Pathway Ministry does not replace any conventional medical or psychological treatments



The caring heart
is open and
it is clear.

The caring heart
has faith
and its patience
is its strength.

The caring heart
is a vessel for love.
Compassion fills it.

The caring heart has forgiveness
for the past and
thus healing
for the present.

Letting in
the healing power is where
the transformation begins.

Inside
each one of us is
a caring heart. Finding,
acknowledging
and living from it
is the beginning.

From [The caring heart](#) by Arlene Stepputant

Can the Healing Pathway help you ...

Everyone can benefit from Healing Pathway sessions!

Some circumstances we have worked with:

- Chronic pain, anxiety, headaches, environmental sensitivities, systemic illness, depression,
- Falls, accidents,
- Side effects of chemotherapy, radiation, anaesthesia.
- Transitions such as: death, loss, separation, divorce, surgery, moves, job changes, retirement and aging.

A session may help:

- restore balance to your energy field,
- strengthen your immune system,
- aid recovery and healing,
- deepen your spiritual connection with God,
- re-energize you and give you a feeling of peace.

Each Healing Pathway practitioner receives, as well as gives, regular healing hands sessions. Everyone has different needs and we each benefit according to God's wisdom for our *highest good*.

Enquiries and Appointments

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