

First Glance

April 29th, 2018

(613) 232-1016 office@firstunitedchurchottawa.org

WALK WITH US



On May 27th, our Rite 13 class in walking in the Multi Faith Housing Tulipathon at Commissioners Park (across from Dow's Lake Pavilion). New to this year's Tulipathon is the ability to make your donations online and to promote the event to your peers and congregation via e-mail and social media. Click on this link to register as an individual or with your faith community team, and share the link widely:

www.canadahelps.org/en/charities/multifaith-housing-initiative/p2p/tulipathon2018.

Ottawa Brain Tumour Walk - June 10th at 10am, Andrew Haydon Park. Join Chris Moore and his family along with many others who have suffered or know someone who has been affected by a brain tumour. Proceeds go to the Brain Tumour Foundation of Canada which raises funds to lead research into the cause of and cure for this devastating disease. Brain cancer is currently the leading cause of cancer death in children under the age of 20 and 60% of the high priority research projects are going unfunded. There is a real need for funding support. You can register for the walk or donate at <http://www.braintumourevents.ca> (click under "Brain Tumour Walk" on left and search "Chris Moore"; his team is: Yippee Happy Liveliness)



Caring for One Another Through Nurturing a Safe Church Community

Wednesday, May 2nd, 2018

7:00 p.m. (45 minute presentation followed by question and answer session)

The Church Council of First United invites you to hear an experienced Service Manager from the Children's Aid Society, Melanie Fulford, who will present information and answer questions to support all of us as parents, caregivers, teachers, and congregants in creating safe communities in our churches as well as our wider community. In particular, this discussion will deepen our understanding of ensuring safety in the children and youth programming at First United Church, empowering our own children and youth, as well as being applicable to other congregational contexts and engagement in the wider community.

The session will include latest legislative updates and requirements, ways to recognize signs of abuse or neglect, and how to respond to a child or youth who discloses information that makes you concerned about their wellbeing. ****Please RSVP to office@firstunitedchurchottawa.org****

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First United: An Affirming Congregation

NEWS FROM FIRST UNITED

Season of Easter & Pentecost Sunday: Rising in Us, Wisdom From Our Faith

During this season, we will celebrate the faith rising in our own Spirit stories as we draw upon the wisdom of significant Spirit writers who have impacted our lives and our life as a faith community.

This is a time to ground ourselves both in written scholarship and personal story.

- May 6 Theme: Radical Inclusion of Foreigner and Eunuch – Ched Myers
 Text: Phillip and the Ethiopian Eunuch (Acts 8)
- May 13 Theme: Proverbs of Ashes – Rebecca Ann Parker/Rita Nakashima Brock
 Text: The Ascension of Jesus (Acts 1)
- May 20 Theme: Dancing with Creation – Matthew Fox
 Texts: Pentecost Story and Ezekiel’s Vision (Acts 2 and Ezekiel 37)

Season of Pentecost

- May 27 The Spirit Alive through Music as we join together in *Taizé Meditative Chants*
- June 3 The Spirit Alive in our Youth - Celebrating our Rite 13 Youth Class
- June 10 The Spirit Alive through Our Commitment to Social and Ecological Justice with visual support from Ken Hoffman’s *Vietnam: Portraits of a Country in Transition* which documents the ongoing ecological impact of napalm gas from the 1970s war.
- June 17 The Spirit Alive through Our Commitment to *Live into Right Relations*

The Adoption Circle - A Service Recognizing Grief, Healing & Hope

Saturday May 12th, 7:00 pm, Chapel of the Holy Spirit

First United Church welcomes you to a service recognizing all of those touched by adoption - birth parents, adoptive parents, adoptees, and those who have aged out of the foster care system. The service will validate and honour all whose lives have been changed by the adoption process. A reception in the Labrynth room will follow.

For more information please contact Laura Bonnett at Laura.bonnett@rogers.com or 613-526-6061.

Update on Review of Children and Youth Programming

Curriculum Development: We have decided to write our own curriculum for 2018/2019 and development of this curriculum is taking place Thursday evenings May 3 and 10th. If you would like to be involved, please speak with Brian.

The next review meeting is taking place on Thursday, May 17th at 6:30 p.m.

Survey of Congregation: Look for a survey in the next week to solicit feedback from the whole congregation.

Bishop Padi Rex Reyes

First United has the honour of hosting Bishop Padi Rex Reyes on May 13th during his visit to Canada.

Fr. Rex is here for lobbying work with government primarily on Human Rights issues. “Padi Rex” as he is widely known holds the distinction of being the first Indigenous person of the Igorot Tribe of the Cordilleras in Northern Philippines, to be elected as General Secretary of the National Council of Churches in the Philippines, the position he has held since 2007. <https://www.facebook.com/UnitedAction/posts/560948837333779>



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SMALL GROUP MINISTRY

WEEKLY / MONTHLY SMALL GROUP GATHERINGS

If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.

Bible Study: Tuesday May 8th Join Brian for a discussion of the Biblical texts for the two upcoming Sundays. From 12:00 noon until 1:00 p.m. Bring your own lunch and meet in the church kitchen.

Christian Meditation: Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman: jhardman@rogers.com or Liz Tyrwhitt: liz.tyrwhitt@sympatico.ca.

Drumming Group: TBA Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

Healing Pathway: Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered **Tuesday** mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

Journey Dance: A spiritual practice in which movement becomes your medicine. No previous dance experience or spoken words are required. Every **Wednesday at 5:30 p.m.** in the chancel. For more information contact Lorena Norwood at lorena.norwood@gmail.com

Living Into Right Relations Circle: TBA. Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

Men's Breakfast: Sunday, May 6th at 9:00 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

Parents with Small Children Potluck: Saturday, May 26th beginning at 4:45 at the church.

Queer Group Potluck: Tuesday, May 29th 6:15pm at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

Talking About Mental Health will meet after church **Sunday, May 27th** in room 5/6 at 12:30 p.m. Join us for a bowl of soup and conversation on planting good mental health habits during the spring season. For more information, contact Jessica Ward-King at j.ward-king@hotmail.com or Zachary Houle at zacharyhoule@rogers.com.

TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: We meet **Tuesdays 9:00-11:00** in Room 5/6 and focus on topics that help us understand right relations and Truth and Reconciliation. **Quest for Respect** is our current book. Our focus beginning May 1st is Section 2 from page 49-68. Open to everyone. For information, contact Maryanne MacDonald at maryanne.macd@gmail.com.

Young Adults Gathering: Tuesday, May 15th 6:15pm at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca.

SOCIAL JUSTICE & EVENTS

How Can We Ever Get to Reconciliation? The Hard Heart Work Ahead

The Living into Right Relations circle of First United is pleased to invite you to this two part series:

May 15th 7:00-9:00pm.

Grandmother Francine Payer, Anishanabe Kwe Elder

“Pre-Contact to the Indian Act System. Unmasking Real Truths”

May 22nd 7:00-9:00pm

Kathryn Fournier, Cree/Francophone Elder and Reconciliation Advocate.

“Taking It All Apart: Decolonization in Support of Reconciliation”

Christian Council of the Capital Area Annual Symposium: “Social Justice Through Housing”

Thursday, May 3 at 7 p.m.

The Diocesan Centre (1247 Kilborn Place, Ottawa)

ChristianCouncilCA@gmail.com

www.ChristianCouncilCA.ca

Join the ecumenical Christian Council of the Capital Area for a panel discussion on the “housing situation in Ottawa.” Our panel will include:

- Leila Sieg, resident of Affordable Housing, one of Multifaith Housing Initiative (MHI) Housing Communities
- Suzanne Le, Executive Director of Multifaith Housing Initiative
- Dick Stewart, retired Ottawa Civil Servant and Social Worker
- Phyllis MacRae, United Church of Canada, Former Chair of Ottawa Presbytery

SATURDAY. MAY 26th, 9 a.m. – 2 p.m. ALL SAINTS with St Matthias SPRING FAIR

Come and discover - locally grown and acclimatized perennials ready for your garden in the Courtyard, new treasures at the Flea Market inside in the church hall, books galore, yummys at the bake table (early birds might find a homemade rhubarb pie), then take a break and have soup, coffee and coffee cake in the bistro. Nearly New Shop will be open.

See you there!



This is Why we Sing: Five Decades of CCC

Saturday, May 12th at 3:00 p.m., First United Church

Director: **Marg Stubington**

A light and joyful concert with Cantiamo Choirs of Ottawa, directed by Jackie Hawley and Leslie Bricker.

Over 120 singers ages 7 & up!

Visit www.ccc-ccc.ca for ticket info or see Margo in the office.

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