

# First Glance

April 22<sup>nd</sup>, 2018

(613) 232-1016 [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

## **Caring for One Another Through Nurturing a Safe Church Community**

Wednesday, May 2<sup>nd</sup>, 2018

7:00 p.m. (45 minute presentation followed by question and answer session)

The Church Council of First United invites you to hear an experienced Service Manager from the Children's Aid Society, Melanie Fulford, who will present information and answer questions to support all of us as parents, caregivers, teachers, and congregants in creating safe communities in our churches as well as our wider community. In particular, this discussion will deepen our understanding of ensuring safety in the children and youth programming at First United Church, empowering our own children and youth, as well as being applicable to other congregational contexts and engagement in the wider community.

The session will include latest legislative updates and requirements, ways to recognize signs of abuse or neglect, and how to respond to a child or youth who discloses information that makes you concerned about their wellbeing.

## **Cleaning up the Capital as an Earth Day Activity**

The Earth Group and WaterCare Allies of First United invite you to join us in cleaning up in our neighbourhood and around the Ottawa Rivers.

Date: Saturday, April 28 (rain date May 5)

Time: 9:30 - 11:30 am

Location: Deschenes Lookout - we will meet at the picnic table

## **How Can We Ever Get to Reconciliation? The Hard Heart Work Ahead**

The Living into Right Relations circle of First United is pleased to invite you to this two part series:

**May 15<sup>th</sup>** 7:00-9:00pm.

Grandmother Francine Payer, Anishanabe Kwe Elder

"Pre-Contact to the Indian Act System. Unmasking Real Truths"

**May 22<sup>nd</sup>** 7:00-9:00pm

Kathryn Fournier, Cree/Francophone Elder and Reconciliation Advocate.

"Taking It All Apart: Decolonization in Support of Reconciliation"

## **RSVP: Realistic, Spiritual, Vibrant Parenting offered through All Saints' Anglican**

**Saturday, May 5, 9:00 am to 1:30 pm at All Saints'/First United**

We are planning a half-day for parents, grandparents, and people who care on Saturday, May 5. Called *RSVP—Realistic, Spiritual, Vibrant Parenting*, it will include presentations on bullying prevention, new ways to read the Bible with children, and a variety of practical topics, such as Allowances and Responsibility; Incorporating Faith into Family Life; and What to do When Things go Wrong. Registration required: [office@allsaintswestboro.com](mailto:office@allsaintswestboro.com)

[www.firstunitedchurchottawa.org](http://www.firstunitedchurchottawa.org)

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# NEWS FROM FIRST UNITED

## Season of Easter & Pentecost Sunday: Rising in Us, Wisdom From Our Faith

During this season, we will celebrate the faith rising in our own Spirit stories as we draw upon the wisdom of significant Spirit writers who have impacted our lives and our life as a faith community.

This is a time to ground ourselves both in written scholarship and personal story.

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|----------|---|
| April 29 | Theme: Touching Our Strength – Carter Heyward<br>Text: Abiding in love as friends not servants (John 15)          |
| May 6    | Theme: Radical Inclusion of Foreigner and Eunuch – Ched Myers<br>Text: Phillip and the Ethiopian Eunuch (Acts 8)  |
| May 13   | Theme: Proverbs of Ashes – Rebecca Ann Parker/Rita Nakashima Brock<br>Text: The Ascension of Jesus (Acts 1)       |
| May 20   | Theme: Dancing with Creation – Matthew Fox<br>Texts: Pentecost Story and Ezekiel's Vision (Acts 2 and Ezekiel 37) |

## The Adoption Circle - A Service Recognizing Grief, Healing & Hope

Saturday May 12<sup>th</sup>, 7:00 pm, Chapel of the Holy Spirit

First United Church welcomes you to a service recognizing all of those touched by adoption - birth parents, adoptive parents, adoptees, and those who have aged out of the foster care system. The service will validate and honour all whose lives have been changed by the adoption process. A reception in the Labrynth room will follow.

For more information please contact Laura Bonnett at [Laura.bonnett@rogers.com](mailto:Laura.bonnett@rogers.com) or 613-526-6061.

## Joy Camp - July 6<sup>th</sup> to 8<sup>th</sup>

Swim, relax, sing, sit around the bonfire, worship outdoors .

We already have a number of First United families and individuals that have signed up for a summer weekend at beautiful Gracefield Camp. Tenters are well represented, but we need some more people to sign up to sleep indoors.

All meals included. Prices for the whole weekend are likely to be approximately \$120 per indoor adult, \$100 per tenting adult, less for children 12 and under.

Sign up at the coffee time after the service, or e-mail [tanya.Middlebro@g.mail](mailto:tanya.Middlebro@g.mail) by April 22<sup>nd</sup>.

## Update on Review of Children and Youth Programming

**Curriculum Development:** We have decided to write our own curriculum for 2018/2019 and development of this curriculum is taking place Thursday evenings May 3 and 10<sup>th</sup>. If you would like to be involved, please speak with Brian.

**The next review meeting is taking place on Thursday, May 17<sup>th</sup> at 6:30 p.m.**

**Survey of Congregation:** Look for a survey in the next week to solicit feedback from the whole congregation.

## Communications at First United

Thursday, April 26<sup>th</sup> at 7:00 p.m

Join the Communications network to do visioning, updating, and future planning for our website, social media engagement, and exploring creative ways of telling our congregational story.

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# SMALL GROUP MINISTRY

## **WEEKLY / MONTHLY SMALL GROUP GATHERINGS**

*If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.*

**Bible Study: Tuesday April 24<sup>th</sup>** Join Brian for a discussion of the Biblical texts for the two upcoming Sundays. From 12:00 noon until 1:00 p.m. Bring your own lunch and meet in the church kitchen.

**Christian Meditation: Every Monday** at 5:30 pm in the Chapel. For more information contact Joyce Hardman: jhardman@rogers.com or Liz Tyrwhitt: liz.tyrwhitt@sympatico.ca.

**Drumming Group: TBA** Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

**Healing Pathway:** Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered **Tuesday** mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

**Journey Dance:** A spiritual practice in which movement becomes your medicine. No previous dance experience or spoken words are required. Every **Wednesday at 5:30 p.m.** in the chancel. For more information contact Lorena Norwood at lorena.norwood@gmail.com

**Living Into Right Relations Circle:** TBA. Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

**Men's Breakfast: Sunday, May 6<sup>th</sup>** at 9:00 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

**Parents with Small Children Potluck: Saturday, April 28<sup>th</sup>** beginning at 4:45 at the church.

**Queer Group Potluck: Tuesday, April 24<sup>th</sup> 6:15pm** at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

**Talking About Mental Health** will meet after church **Sunday, April 29<sup>th</sup>** in room 5/6 at 12:30 p.m. Join us for a bowl of soup and conversation on planting good mental health habits during the spring season. For more information, contact Jessica Ward-King at j.ward-king@hotmail.com or Zachary Houle at zacharyhoule@rogers.com.

**TGIF:** Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

**Tuesday Morning Book Study Group:** We meet **Tuesdays 9:00-11:00** in Room 5/6 and focus on topics that help us understand right relations and Truth and Reconciliation. **Quest for Respect** is our new book, and Our study of this book will begin with the first section Indigenous Spiritualities 101 starting on Tuesday April 17<sup>th</sup> at 9:00 am at First. Open to everyone. For information, contact Maryanne MacDonald at maryanne.macd@gmail.com

**Young Adults Gathering: Tuesday, May 15<sup>th</sup> 6:15pm** at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca.

# SOCIAL JUSTICE & EVENTS

## Look for More Information on Two Walks that First United is Supporting

**On May 27<sup>th</sup>**, our **Rite 13** class in walking in the Multi Faith Housing Tulipathon at Commissioners Park (across from Dow's Lake Pavilion). New to this year's Tulipathon is the ability to make your donations online and to promote the event to your peers and congregation via e-mail and social media. Click on this link to register as an individual or with your faith community team, and share the link widely:

[www.canadahelps.org/en/charities/multifaith-housing-initiative/p2p/tulipathon2018](http://www.canadahelps.org/en/charities/multifaith-housing-initiative/p2p/tulipathon2018).

**On June 10<sup>th</sup>**, **Chris Moore** is leading a team in the Brain Tumour Walk where his story is a featured story. He and Sarah and their three sons will be walking. You can learn more about the walk at

[http://www.braintumourevents.ca/site/TR/SpringSprint/General?team\\_id=6102&pg=team&fr\\_id=1523](http://www.braintumourevents.ca/site/TR/SpringSprint/General?team_id=6102&pg=team&fr_id=1523)

### KAIROS event Monday, April 30<sup>th</sup>

Fellowship Hall at Ottawa Mennonite Church, 1830 Kilborn Ave. Doors open 6:30 pm

RECONCILIATION: The TRC and the UN Declaration on the Rights of Indigenous Peoples KAIROS Chapter's April 30th event on Bill C-262 Join a discussion on Bill C-262, legislation in process to implement the UN Declaration in Canada. RSVP by April 21<sup>st</sup> by e-mail at [janyceelser93@yahoo.com](mailto:janyceelser93@yahoo.com)

### **Savage States: Settler Governance in an Age of Sorrow**

**by Dr. Audra Simpson,**

**Professor of Anthropology, Columbia University**

"In what world do we imagine the past to be settled in light of its refusal to perish and allow things to start over anew? What are the conditions that make for this imagining, this fantasy or rather, demand of a new start point? In this piece I consider the world of settler colonialism, which demands this newness, and a world in which Native people and their claims to territory are whittled to the status of claimant or subject in time with the fantasy of their disappearance and containment away from a modern and critical present."

**Thursday, April 26, 2018 at 5:30 pm**

Alex Trebek Alumni Hall, room 116

157 Séraphin-Marion University of Ottawa

Light refreshments will be served - Free admission

For more information: [uocal.uottawa.ca/en/node/21019](http://uocal.uottawa.ca/en/node/21019)

Or Natacha Lemieux at [fem@uOttawa.ca](mailto:fem@uOttawa.ca) (613) 562-5791



### **Petition to improve refugee resettlement!**

Together with partners at the the Christian Reformed Centre for Public Dialogue, Mennonite Central Committee, and World Renew, we've written a [letter](#) and created a [petition](#) to call on the Minister of Immigration, Refugees and Citizenship to fully waive travel loan repayment for all refugees. For more information: [www.cpj.ca](http://www.cpj.ca)  
Also: Join Citizens for Public Justice for the launch of our new book, [Journeys to Justice: Reflections on Canadian Christian Activism](#).

Tuesday, April 24, 2018 7:30pm - 9:00pm - St. Andrew's Presbyterian Church, 82 Kent St

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