

First Glance

April 15th, 2018

(613) 232-1016 office@firstunitedchurchottawa.org

Sue Taylor – Companion of the Centre for Christian Studies

Last fall we announced that Sue Taylor was being honoured by the theological college where she took her training as a diaconal minister, The Centre for Christian Studies in Winnipeg.

Each year the Centre asks for nominations for a person whose life and ministry represents the mission and values of the Centre, who is named a Companion of the Centre for Christian Studies. This year it is Sue Taylor.

Sue Taylor will be honoured this weekend at the Celebration of Ministry being held at the Centre for Christian Studies in Winnipeg. Use this link for more information <http://ccsonline.ca/2017/11/announcing-the-2018-companion-of-the-centre-sue-taylor/>

In receiving this honour, Sue joins a long line of Companions, including:

- Carolyn McDade – an exceptional musician whose hymns we sing, Marion Pardy – former United Church Moderator, and two diaconal ministers you know: Alyson Huntly and Dorothy Naylor

Welcoming Lunch - New(ish) to First United?

We would love you to join us for a Welcoming Lunch on Sunday, April 22. This is an opportunity to share a meal, get to know one another and find out more about our church community. Children are welcome.

To register, please contact JoanStafford@bell.net

News From Natalie Istead

Congratulations to Natalie, who will be ordained on May 26th in Hudson, QC (anyone who would like to come is welcome).

After that, she will be starting a call at Église Grace United Church.

Caring for One Another Through Nurturing a Safe Church Community

Wednesday, May 2nd, 2018

7:00 p.m. (45 minute presentation followed by question and answer session)

An experienced Service Manager from the Children's Aid Society, Melanie Fulford will present information and answer questions to support all of us as parents, caregivers, teachers, and congregants in creating safe communities in our churches as well as our wider community. In particular, this discussion will deepen our understanding of ensuring safety in the children and youth programming at First United Church, empowering our own children and youth, as well as being applicable to other congregational contexts and engagement in the wider community.

The session will include latest legislative updates and requirements, ways to recognize signs of abuse or neglect, and how to respond to a child or youth who discloses information that makes you concerned about their wellbeing.



KAIROS inaugural event Monday, April 30th

Fellowship Hall at Ottawa Mennonite Church, 1830 Kilborn Ave. Doors open 6:30 pm

RECONCILIATION: The TRC and the UN Declaration on the Rights of Indigenous Peoples KAIROS Chapter's April 30th event on Bill C-262 Join a discussion on Bill C-262, legislation in process to implement the UN Declaration in Canada. RSVP by April 21st by e-mail at janyceelser93@yahoo.com

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First United: An Affirming Congregation

NEWS FROM FIRST UNITED

Season of Easter & Pentecost Sunday: Rising in Us, Wisdom From Our Faith

During this season, we will celebrate the faith rising in our own Spirit stories as we draw upon the wisdom of significant Spirit writers who have impacted our lives and our life as a faith community.

This is a time to ground ourselves both in written scholarship and personal story.

April 22	Theme: When Things Fall Apart – Pema Chodron/Thich Nhat Hanh Text: The Image of the Good Shepherd (John 10)
April 29	Theme: Touching Our Strength – Carter Heyward Text: Abiding in love as friends not servants (John 15)
May 6	Theme: Radical Inclusion of Foreigner and Eunuch – Ched Myers Text: Phillip and the Ethiopian Eunuch (Acts 8)
May 13	Theme: Proverbs of Ashes – Rebecca Ann Parker/Rita Nakashima Brock Text: The Ascension of Jesus (Acts 1)
May 20	Theme: Dancing with Creation – Matthew Fox Texts: Pentecost Story and Ezekiel’s Vision (Acts 2 and Ezekiel 37)

The Adoption Circle – A Service Recognizing Grief, Healing, and Hope - Saturday May 12th

For many years First United offered a birth mothers’ service on Mother’s Day weekend, to recognize the experiences of a birth mother’s loss at that time of year. Today organizers would like to reintroduce a similar service which validates and recognizes those who are a part of the adoption circle– birth parents, adoptive parents, and adoptees.

All those interested in being part of the organizing committee please contact Laura Bonnett at laura.bonnett@rogers.com or 613-526-6061

Joy Camp - July 6th to 8th

We already have a number of First United families and individuals that have signed up for a summer weekend at beautiful Gracefield Christian Camp. Tents are well represented, but we need some more people to sign up to sleep indoors. JOY CAMP 2018 - swim, relax, sing, sit around the bonfire, worship outdoors - July 6-8 . All meals included. Prices for the whole weekend are likely to be approximately \$120 per indoor adult, \$100 per tenting adult, less for children 12 and under. Sign up at the coffee time after the service, or e-mail tanya.Middlebro@g.mail<<mailto:tanya.Middlebro@g.mail>> by April 22nd.

Thank You:

Church Council wishes to thank everyone for their continued support of our life here at First. We are grateful for your participation in our community. Presently, over 100 individuals/families give directly through “First Things First” and those giving in this way are encouraged to take a “card” at the back of the church and place it in the offering plate. For information on supporting First United through “First Things First” or envelopes, contact Margo at the church office.

<u>To March 31</u>	<u>2017</u>	<u>2018</u>	<u>Budget</u>	<u>Difference</u>
General	47, 289	44,087	51,300	(7, 213)
Mission & Service	8, 043	7, 545	8, 700	(1,155)

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SMALL GROUP MINISTRY

WEEKLY / MONTHLY SMALL GROUP GATHERINGS

If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.

Bible Study: Tuesday April 24th Join Brian for a discussion of the Biblical texts for the two upcoming Sundays. From 12:00 noon until 1:00 p.m. Bring your own lunch and meet in the church kitchen.

Christian Meditation: Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman: jhardman@rogers.com or Liz Tyrwhitt: liz.tyrwhitt@sympatico.ca.

Drumming Group: TBA Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

Healing Pathway: Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered **Tuesday** mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

Journey Dance: A spiritual practice in which movement becomes your medicine. No previous dance experience or spoken words are required. Every **Wednesday at 5:30 p.m.** in the chancel. For more information contact Lorena Norwood at lorena.norwood@gmail.com

Living Into Right Relations Circle: TBA. Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

Men's Breakfast: Sunday, May 6th at 9:00 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

Parents with Small Children Potluck: Saturday, April 28th beginning at 4:45 at the church.

Queer Group Potluck: Tuesday, April 24th 6:15pm at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

Talking About Mental Health will meet after church **Sunday, April 29th** in room 5/6 at 12:30 p.m. Join us for a bowl of soup and conversation on planting good mental health habits during the spring season. For more information, contact Jessica Ward-King at j.ward-king@hotmail.com or Zachary Houle at zacharyhoule@rogers.com.

TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: We meet **Tuesdays 9:00-11:00** in Room 5/6 and focus on topics that help us understand right relations and Truth and Reconciliation. **Quest for Respect** is our new book, and Our study of this book will begin with the first section Indigenous Spiritualities 101 starting on Tuesday April 17th at 9:00 am at First. Open to everyone. For information, contact Maryanne MacDonald at maryanne.macd@gmail.com

Young Adults Gathering: Tuesday, April 17^h 6:15pm at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca.

SOCIAL JUSTICE & EVENTS

Savage States: Settler Governance in an Age of Sorrow by Dr. Audra Simpson, Professor of Anthropology, Columbia University

"In what world do we imagine the past to be settled in light of its refusal to perish and allow things to start over anew? What are the conditions that make for this imagining, this fantasy or rather, demand of a new start point? In this piece I consider the world of settler colonialism, which demands this newness, and a world in which Native people and their claims to territory are whittled to the status of claimant or subject in time with the fantasy of their disappearance and containment away from a modern and critical present."

Thursday, April 26, 2018 at 5:30 pm

Alex Trebek Alumni Hall, room 116

157 Séraphin-Marion University of Ottawa

Light refreshments will be served - Free admission

For more information: uocal.uottawa.ca/en/node/21019

Or Natacha Lemieux at fem@uOttawa.ca (613) 562-5791



Petition to improve refugee resettlement!

Together with partners at the the Christian Reformed Centre for Public Dialogue, Mennonite Central Committee, and World Renew, we've written a [letter](#) and created a [petition](#) to call on the Minister of Immigration, Refugees and Citizenship to fully waive travel loan repayment for all refugees.

For more information: www.cpj.ca

Also: Join Citizens for Public Justice for the launch of our new book, [Journeys to Justice: Reflections on Canadian Christian Activism](#).

Tuesday, April 24, 2018 7:30pm - 9:00pm - FREE
St. Andrew's Presbyterian Church, 82 Kent St

Connecting With Those Living With Mental Illness

Ancoura provides affordable housing and social supports to people living with a mental illness in Ottawa. We are opening a new home this spring and are looking for people to be: visiting volunteers who develop relationships with our residents by spending time with them at home or in the community; occasional volunteers who help from time to time with events, moving furniture, doing minor apartment repairs; and committee and board members. For more information, contact Liz Tyrwhitt at 613-233-8130 or liz@ancoura.ca

Workshop for Caregivers of People with Mental Illness - Monday, April 16th, 2018 7:00 pm

The Oasis in Kanata, a place for caregivers of people with mental illness, presents "Maintaining Healthy Relationships" with Psychologists Dr. Robyn Marquis and Dr. Joanne Bihari of the Ottawa Couple and Family Institute who will discuss techniques to nurture and maintain healthy relationships within a family in which one of its members is suffering from a mental illness. Free. All welcome. Glen Cairn United Church, [140 Abbeyhill](#). Details at www.TheOasisKanata.ca and on Facebook

RSVP: Realistic, Spiritual, Vibrant Parenting

Saturday, May 5, 9:00 am to 1:30 pm

We are planning a half-day for parents, grandparents, and people who care on Saturday, May 5. Called *RSVP—Realistic, Spiritual, Vibrant Parenting*, it will include presentations on bullying prevention, new ways to read the Bible with children, and a variety of practical topics, such as Allowances and Responsibility; Incorporating Faith into Family Life; and What to do When Things go Wrong. Registration required: office@allsaintswestboro.com

Hike for Hospice on Saturday, May 5

The annual *Hike for Hospice* used to be held on a busy Sunday for First United folks. This year, it will be on a **Saturday**—May 5, 2018. It's a fun time with the goal of raising funds and awareness for Hospice Care Ottawa. Registration is free and you can join as an individual or as part of a team. The Hike covers 5 km, from the Field House at Carleton University, along the campus trails to the Rideau River and back to the Field House for refreshments, entertainment and a Kids' Zone.

Help us raise the funds needed to support people living with a life-limiting illness and their families (over 1,500 individuals annually). Please visit www.hospicecareottawa.ca for more information and to register. For questions about the Hike or registration, please contact the Special Events Coordinator Martha Beltran at 613-591-6002 ext. 232 or Hike.Info@hospicecareottawa.ca

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