

First Glance

February 25th, 2018

(613) 232-1016 office@firstunitedchurchottawa.org

Journey To Adulthood (J2A) Pilgrimage to Ireland

This August, six youth with three leaders are doing a spirit pilgrimage to Ireland as they conclude two years of participating in the Journey to Adulthood youth program. Youth are required to earn 1/3 of the trip, can accept support from their family for the other 1/3, and are involved in raising the money for the final 1/3. So please plan on attending the...

...Irish Dinner Fundraiser

Saturday, March 3rd at 5:30 p.m.



The J2A youth will provide you a scrumptious Irish meal, with Irish entertainment and music, as well as Irish décor and ambiance. It will be a wonderful evening of community and enjoyment, an evening for persons of all ages. (Childcare will also be provided).

🍴 By popular demand, there will be meat, vegan, and gluten-free options of the whole meal!

All food is provided, and tickets are by free-will donation and will be tax receipted.

If you plan on attending, please send an e-mail to office@firstunitedchurchottawa.org.

You can make a donation even if you cannot attend.

Annual Congregational Meeting

Sunday, March 4th following Sunday Worship

Join us for our Annual Meeting where we will celebrate our congregational life as well as share our annual reports as we continue to live into our three commitments:

- i) Our commitment to spiritual nature in community
- ii) Our commitment to healing
- iii) Our commitment to social and ecological justice

At this meeting we will receive our financial report for 2017, adopt our budget for 2018, name priorities for the upcoming year, and elect our Church Council. **Everyone is asked to bring a loaf of sandwiches** for this simple luncheon. If you are interested in helping with the luncheon, please contact the office.

Activities for children and childcare will be provided.



Marketplace Fundraiser for Nunavut Sivuniksavut Students

Saturday March 10th, 9am – 3pm

With vendors from across Ottawa, and students from Nunavut Sivuniksavut performing music throughout the day, featuring a square dance at 2pm

Come share in Inuit culture, with vendors selling Inuit arts and crafts, items made from repurposed wood, jewellery made from one-of-a kind stones and repurposed vintage finds, along with retro video games, baked goods, and books from Inuit author Aviaq Johnston.

Donations are welcome for the Nunavut Sivuniksavut students' cultural exchange trips.

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First United: An Affirming Congregation

NEWS FROM FIRST UNITED

Reel Life

Watching, Listening, and Learning from Stories in Scripture and Now

In addition to our Sunday explorations of faith and Scripture, our **annual Lenten journey** includes mid-week opportunities of joining together to watch a movie. The themes of these movies will resonate with the themes explored each Sunday. A synopsis of the movies is in the Lenten brochure.

For those attending a movie, we invite you to gather in the chapel between 6:45 and 7:15 to greet one another, have a snack, and get ready. The movie **will begin at 7:15 sharp** except on March 25th. Following each movie (1 ½ to 2 hours), there is an optional facilitated conversation. All are welcome, so bring your family and friends.

Thursday – March 1	6:45 (7:15)	The Movie: Babette's Feast (has English subtitles)
Saturday – March 3	5:30	J2A Fundraising Irish Dinner
Lent Three – Sunday, March 4	Theme: Text: 12:30	Feasting on...well...on Surprises. Mark 2:15 to 28 – Jesus challenges feast traditions Annual Meeting and Luncheon
Wednesday – March 7	6:45 (7:15)	The Movie: 3 Generations
Lent Four – Sunday, March 11	Theme: Text:	Family: Hold Me, Rock Me Mark 3:20-21, 31-35 – The Family of Jesus
Tuesday, March 13	6:45 (7:15)	The Movie: Tkaronto (Mohawk for Toronto)
Lent Five – Sunday, March 18	Theme: Texts:	All My Relations Listening for wisdom from the First Peoples of Canada.
Saturday – March 24	4:45 to 5:30 5:30 (5:45)	Potluck Supper The Movie: Inside Out
Palm/Passion Sunday, March 25	Theme: Text:	Feeling Those Inside Out Feelings Palm Parade and Passion Narrative.

Hospitality Teams

Presently, our hospitality teams are smaller than we had hoped. This means that a few people are providing hospitality more than the intended once every eight weeks, and when they are providing the hospitality, it is taking much longer.

If you would like to become part of a hospitality team and be involved once every eight weeks (whole families are welcome or you can help only with dishes following the service or only be involved in greeting at the beginning of the service), please contact Bev Hellman at hellman.bev@gmail.com or the church office at office@firstunitedchurchottawa.org.

Welcoming one another each Sunday is the joy that all of us can experience.

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SMALL GROUP MINISTRY

WEEKLY/MONTHLY SMALL GROUP GATHERINGS

If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.

Bible Study: Tuesday February 27, 2018. Join Brian for a discussion of the Biblical texts for the two upcoming Sundays. From 12:00 noon until 1:00 p.m. Bring your own lunch and meet in the church kitchen.

Christian Meditation: Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman jhardman@rogers.com or Liz Tyrwhitt liz.tyrwhitt@sympatico.ca.

Drumming Group: Monday, March 19th  Note the new date
Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

Healing Pathway: Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered Tuesday mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

Living Into Right Relations Circle: TBA Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

Men's Breakfast: Sunday, March 4th at 9:00 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

Parents with Small Children Potluck: Saturday, March 24th beginning at 4:45 and joining with anyone who is coming to view the movie "Inside Out"

Queer Group Potluck: Tuesday, February 27th at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

Talking About Mental Health after church service on **Sunday, February 25th** in Room 5/6. Join us for a bowl of soup and conversation on the Winter Blues and the role of Lent. For more information contact Jessica Ward-King at j.ward-king@hotmail.com or Zachary Houle at zacharyhoule@rogers.com



TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: We meet Tuesdays 9:00-11:00 in Room 5/6 and focus on topics that help us understand right relations and Truth and Reconciliation. Open to everyone. For information, contact Maryanne MacDonald at maryanne.macd@gmail.com

Young Adults Gathering: Tuesday, March 20th at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca

Journey Dance

happens every Wednesday at 5:30 p.m. in the chancel.

A spiritual practice in which movement becomes your medicine. It is a fun and powerful method for moving stuck emotional and physical patterns toward joy and deep ease. By telling your story to the dance floor, your soul is invited to journey home into the body where healing happens. No previous dance experience or spoken words are required. For more information contact Lorena Norwood at lorena.norwood@gmail.com

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SOCIAL JUSTICE



A Faith-in-Action Campaign for Climate Justice in Canada

Many Christians mark Lent by “giving up” a bad habit or distracting practice. During the 40 days leading up to Easter, this symbolic sacrifice provides space to reflect and refocus, tune-in to our Christian calling, and renew our commitment to God.

This year, why not focus your Lenten fast on preserving God’s creation?

More information at: cpj.ca/for-the-earth

The students and staff at Nunavut Sivuniksavut invite you to Arts Court Theatre on **March 5th & 6th** for a special presentation of ***The Inuit Story, a Dramatization.*** This play presented by NS students tells the history of Inuit in Canada. Many musical and cultural elements are woven throughout. The shows begin at **7:00 pm** and include an intermission and silent auction. Tickets can be purchased at www.artcourt.ca/events Contact Larissa with questions (613) 244-4937 x 21

The shows are part of the students' efforts to raise funds for their end-of-year trips, where they will be sharing their history and culture with Indigenous peoples in Hawaii and Chile.



The Westboro Region Food Bank Welcomes the following...

- ...do you find yourself with too many cloth bags? Share them with the food bank!
- ...when traveling, accept the gift of shampoo and soap from hotels for the food bank!
- ...toothbrushes and toothpaste from generous dentists are also welcomed.

And we are always wanting to include new volunteers!
If you would like more information, contact Joan Rogers at rogersjm100@sympatico.ca

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