

First Glance

January 14th, 2018

(613) 232-1016 office@firstunitedchurchottawa.org

January 21st - PARTNERSHIP SUNDAY

We Celebrate Our Partnership with
All Saints' Westboro with St. Matthias

10:30 a.m. - Joint Worship Service

This year the service will be an Anglican liturgy, with Brian Cornelius offering the reflection and there is a choir with around fifty voices that will include the anthem "Up to the Mountain".

There will be special joint programming for children and youth.

11:45 a.m. - Potluck Partnership Luncheon

We gather in the Labyrinth Room/Steacy Hall and everyone is asked to bring a potluck luncheon dish.

If you are able to help in the kitchen, please let the office know.



J2A invites you to join us for soup after Church TODAY as a fundraiser (any amount) for the J2A Pilgrimage to Ireland.

UCOBSERVER

FAITH, JUSTICE AND ETHICAL LIVING

First United is delighted to provide subscriptions to the United Church Observer for anyone associated with the congregation who would like to receive it. **Right now, we are updating the subscription list.**

If you are not receiving a subscription and would like to begin, please respond to this email and indicate such and we will add you to the list.

If you are receiving a subscription but no longer want a subscription, please let us know by email (office@firstunitedchurchottawa.org) or by phone 613-232-1016.

First United supports the United Church Observer by putting this cost into our annual budget. For those who might like to contribute to the cost of the subscription, the amount is \$20.00.

www.firstunitedchurchottawa.org

First United: An Affirming Congregation

NEWS FROM FIRST UNITED

Season of Epiphany at First United

Sunday, January 21 st	Partnership Sunday (Service begins at 10:30)
Theme:	Actually Hearing the Call
Texts:	Mark 1:14-20
Sunday January 28 th	Theme: One Whale of a Story (Part One)
Texts:	The Jonah Story
Sunday February 4 th	Theme: One Whale of a Story (Part Two)
Texts:	The Jonah Story
Sunday February 11 th	Theme: Healing as Transfiguration
Texts:	Mark 2:-12

Journey Dance

Wednesdays – 5:30 – 6:30 in the church with Lorena Norwood

To register or for information contact office@firstunitedchurchottawa.org

JourneyDance™ is a spiritual practice in which movement becomes your medicine. It is a fun and powerful method for moving stuck emotional and physical patterns toward joy and deep ease. By telling your story to the dance floor, your soul is invited to journey home into the body where healing happens. No previous dance experience or spoken words are required. Free will donations to the Sowing Seeds Fund (which can be tax-receipted) are accepted.

A Heartfelt Thank You (from Church Council and to one another)

Church Council would like to thank everyone for the support of our congregational life this past year, both in spirit and financially. The response to our Advent campaign was exceptional, and we raised \$19,450 which was more than our \$15,000 goal. As a result, pending final audit, we are able to report that we met our annual budget and have a small surplus. We will be able to provide detailed information in the coming weeks, as well as our budget projections for 2018.

The Annual Meeting is scheduled for Sunday, March 4th.

A Learning Event on First United and United Church Finances – Wednesday, January 31st at 7:00 p.m.

On this evening Paul Sales, Financial Development Officer with the United Church of Canada and Craig Baters, a United Church lawyer with expertise on wills and estates will be our guests.

- | | |
|--------------|---|
| 7:00 to 7:20 | Overview of First United Operating Budget, Legacy Fund, and ways of financially supporting the congregation. |
| 7:20 to 8:00 | Presentation by Paul Sales on contributing to local congregations and the United Church of Canada through gift of shares, legacy giving, etc. |
| 8:15 to 9:00 | Presentation on information on wills and estate planning with Craig Baters. |

www.firstunitedchurchottawa.org

First United: An Affirming Congregation

SMALL GROUP MINISTRY

WEEKLY/MONTHLY SMALL GROUP GATHERINGS

If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.

Christian Meditation: Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman jhardman@rogers.com or Liz Tyrwhitt liz.tyrwhitt@sympatico.ca.

Drumming Group: February 5th Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

Healing Pathway: Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered Tuesday mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

Living Into Right Relations Circle: TBA Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

Men's Breakfast: Sunday, February 4th at 9:00 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

Parents with Small Children Potluck: Saturday January 28th beginning at 4:45 at the church..

Queer Group Potluck: Tuesday, January 30th at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: Tuesday Morning Book Study Group: Weekly book study discussion group meets on Tuesdays from 10:00 - 12:00 in Room 5/6 to discuss "Indigenous Healing" by Rupert Ross. Beginning January 9th we will examine Part 3 - Healing from Colonization, Chapters 9 & 10. For information, please contact Maryanne MacDonald maryanne.macd@gmail.com

Young Adults Gathering: Tuesday, January 23rd at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca

Spirit Talks

Faith and Arts Ottawa is launching its fifth documentary theatre program for young adults and adults this January 2018.

Spirit Talks is an amateur theatre project related to spirituality, religion and young adults. Working with the real words of young adults from Tom Sherwood's book, [Listening to The Echo](#), interested participants will reflect alone, in pairs and larger groups to develop monologues, dialogues, skits and choruses that wrestle with the questions and issues that interest them. How can I join? Register online at faithandartsottawa.org or email faithandartsottawa@gmail.com for the registration form.

Got questions? Email Ashley, the Administrator and actor in our past four productions, at faithandartsottawa@gmail.com. Or email Tom Sherwood (tom.sherwood@carleton.ca) and ask Tom to call you.

www.firstunitedchurchottawa.org

First United: An Affirming Congregation

SOCIAL JUSTICE

Into Our Collective Heart: Constellating for the Collective

Participate in Systemic Healing Circles This is an open group. New participants welcome!

Tuesday, January 16th from 6:30 to 9:30

Given all the societal challenges we are facing, are you wanting to find a new way to serve the Earth, humanity, and all living beings? Come and participate in this systemic whole body/mind, creative approach. It works!

Participants say they experience new insights and wisdom that they have not been able to access using any other methodology. These new perspectives shift our relationships with each other and Life, opening up new options for action.

Facilitator: Diana Claire Douglas For Info: dianaclairedouglas@bell.net 613-799-1343
www.knowingfielddesigns.com Suggested donation: \$20- \$30

Getting to Getting to Room Temperature

A hard-hitting, sentimental and funny play about dying — based on a mostly true story.

January 8-13, 2018 Monday-Saturday at 7:30 p.m., Friday & Saturday matinees at 2:30 p.m.
Starring Robert Bockstael, Written and directed by Arthur Milner All tickets: \$25 + \$3 facility fee = \$28

The audience is invited to stay following each performance for a special talkback presentation featuring special guests. The audience is also invited to share their stories and experiences in an open forum.

For more information: <http://www.thegladstone.ca/getting-to-room-temperature/>

Trans-Script

Faith and Arts Ottawa presents Trans-Script at the Gladstone Theatre on Sunday, January 21st and Monday, January 22nd at 7:30 pm. Both performances will be followed by an audience-cast talkback moderated by either **David Sherwin** or **Tom Sherwood**.

Trans-Script is an original 50-minute, 6-actor play dramatizing love and relationships in the context of transgending experiences. It has been performed at Carleton, Algonquin, uOttawa, high schools, churches, Rendez-Vous 2017 in Montreal, the Annual Meeting of Bay of Quinte Conference, and the annual conference of Affirm United.

This may be the last opportunity to see Trans-Script because Faith and Arts is launching two new theatre programs in January 2018, Spirit Talks in Ottawa, and a sequel to The god Monologues in Kingston. Tickets are available at <http://www.thegladstone.ca/trans-script/>

Jesus + Justice: Citizens for Public Justice and International Justice Mission Canada are hosting two great events in Ottawa on **Friday, January 19, 2018**. From **8:30am to 1:00pm** join us for "**Jesus + Justice: Working together for God's just kingdom**," a half-day conference to encourage and equip Christians in Ottawa to work together for God's just kingdom through prayer, acts of charity, and advocacy. Register at jesusandjustice.eventbrite.ca. In the evening, starting at **7:00pm**, Mark Wollenberg of International Justice Mission will lead us through the Lord's prayer with a justice lens at "**ReAlign 2018: Praying for God's just kingdom**." Both events will take place at **Rideauview Bible Chapel (1249 Prince of Wales Drive) Ottawa**.

www.firstunitedchurchottawa.org

First United: An Affirming Congregation