

# First Glance

December 17<sup>th</sup>, 2017

(613) 232-1016 [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

---



## **Sunday, December 24<sup>th</sup>      Christmas Eve**

- 11:15 a.m.      *Meditative Service with Advent Readings*  
*This service is not a Christmas Eve Service but will focus on the moment when one experiences the cusp of new birth*
- 5:45 p.m.      *Family Candlelight Christmas Eve Service*
- 8:00 p.m.      *Choral Candlelight Christmas Eve Service*

## **Sunday, December 31<sup>st</sup>      Pancake Breakfast at 11:15**

*We celebrate the Christmas Season as we gather in the Labyrinth room to share conversation and liturgy around table. If you would like to help with the Pancake breakfast, please contact the office asap at [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org) or Mary Ann Rogers at [maryannrogers@rogers.com](mailto:maryannrogers@rogers.com)*

[www.firstunitedchurchottawa.org](http://www.firstunitedchurchottawa.org)

---

**First United:** An Affirming Congregation

# NEWS FROM FIRST UNITED

## **Announcing the 2018 Centre for Christian Studies Companion of the Centre – Sue Taylor**

The Companion of the Centre is awarded annually to acknowledge someone who has made a significant contribution to the work of CCS or whose life and work epitomizes the ideals of CCS. We are pleased to announce that Sue Taylor will be the 2018 Companion of the Centre recipient. Sue will be presented with the award at the Annual Service of Celebration on April 15, 2018.

<http://ccsonline.ca>

## **Advent Journey Dance**

**Wednesday December 20<sup>th</sup>** – 5:30 – 6:30 in the church with Lorena Norwood

To register or for information contact [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

JourneyDance™ is a spiritual practice in which movement becomes your medicine. It is a fun and powerful method for moving stuck emotional and physical patterns toward joy and deep ease. By telling your story to the dance floor, your soul is invited to journey home into the body where healing happens. No previous dance experience or spoken words are required. Free will donations to the Sowing Seeds Fund (which can be tax-receipted) are accepted.

## **Spirit Talks**

Faith and Arts Ottawa is launching its fifth documentary theatre program for young adults and adults this January 2018.

Spirit Talks is an amateur theatre project related to spirituality, religion and young adults. Working with the real words of young adults from Tom Sherwood's book, [Listening to The Echo](#), interested participants will reflect alone, in pairs and larger groups to develop monologues, dialogues, skits and choruses that wrestle with the questions and issues that interest them. How can I join? Register online at [faithandartsottawa.org](http://faithandartsottawa.org) or email [faithandartsottawa@gmail.com](mailto:faithandartsottawa@gmail.com) for the registration form.

Got questions? Email Ashley, the Administrator and actor in our past four productions, at [faithandartsottawa@gmail.com](mailto:faithandartsottawa@gmail.com). Or email Tom Sherwood ([tom.sherwood@carleton.ca](mailto:tom.sherwood@carleton.ca)) and ask Tom to call you.

## **Advent Campaign**

Thank you for your support of our Advent campaign. Contributions to the campaign can still be received until December 31, 2017

[www.firstunitedchurchottawa.org](http://www.firstunitedchurchottawa.org)

***First United:*** An Affirming Congregation