

First Glance

November 5th, 2017

(613) 232-1016 office@firstunitedchurchottawa.org

Breaking News: J2A Pilgrimage Destination in 2018 Ireland

Last Sunday, the J2A youth group finished their spirited discernment process and determined their pilgrimage destination to be Ireland. We will have much opportunity to learn with them about the Spirit traditions they will explore and discover while there.

9th Hour Theatre – Thursday, November 9th

Brian will be attending a showing of “The Prodigal” which tells the story of a young man coming to grips with his sexual orientation within a strict religious upbringing. It is a play of return, reconciliation and honesty in the face of inner and interpersonal tensions. Brian invites you to join him and if you are interested, please contact him at briancornelius@firstunitedchurchottawa.org

Retreat Planning News

We gathered input from over 50 people about what they were looking for in a retreat. Three things are most evident:

- There is a desire for both weekend and day long retreats, reflecting both cost and time considerations
- There is willingness to move beyond single sex/gender retreats
- There is a desire for variety, in relaxation and play, community building, learning and reflection

We are interested in getting some feedback on times for retreats, and have identified October (after Thanksgiving), February and late April (after Easter) as possibilities. Please fill in the information slip indicating your preferences, and let us know if you are interested in being in an organizing group.

See the Ability

November 1st – November 5th is Canadian Down Syndrome Week and Olivia Richardson and Norma Grant will be selling cards after the service **TODAY**. The proceeds will be donated to the Down Syndrome Assoc. of Ottawa which provides much needed support and services for the families of children with this disability.

The slogan for the DSA OF CANADA and the emphasis on their aims is “See The Ability”.

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NEWS FROM FIRST UNITED

Nurturing Christ-like Values During Difficult Times

From now until the end of this church year, our Sunday community gatherings will name Christ-like values and explore how we give expression to those values within our own community and beyond our community. We are aware of considerable tragedy and violence in our world, and so are focusing on grounding ourselves in our faith values so that we are encouraged in continuing as a healing presence in our world rather than being tempted to despair.

November 12th – Remembrance Sunday

Theme: In Remembrance of Her
Story: A Woman Anoints
Anthem: *Agnus Dei* – Faure Requiem

November 19th – Cosmic Christ Sunday

Theme: Leadership offered by Congregational Members
Story: Parable of the Sheep and Goats
Anthem: *I Arise Today* – Matthew Emery

Anti Racist Bystander Intervention to Prevent and Respond to Gender Based Violence

Breaking the Silence: An Evening of Learning

November 15, 2017 – 6:30 to 8:30

Beginning at 7:00 Kira-Lynn Ferderber will lead us in a workshop of learning and conversation around developing skills in bystander intervention.

For those who would like, we will gather for a prepared supper, starting at 6:30 (please RVSP) to the church office so that we can be prepared for numbers)

Change in Polly Varga Toth's blog

Polly ran into difficulties with her blog and has changed the link. You can now follow her travels through pollyandtheworld.wordpress.com

Thank You:

Church Council wishes to thank everyone for their continued support of our community life here at First. We are grateful for the ongoing commitments in time and financial support. Following is an update of our financial health. Presently, over 100 individuals/families give directly through "First Things First" and those giving in this way are encouraged to take a "card" at the back of the church and place it in the offering plate. For information on supporting First United through "First Things First" or envelopes, contact Margo at the church office.

<u>To October 31</u>	<u>2016</u>	<u>2017</u>	<u>Budget</u>	<u>Difference</u>
General	167,215	168,095	171,000	(2,905)
Mission & Service	28,627	27,299	29,000	(1,701)

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SMALL GROUP MINISTRY

WEEKLY/MONTHLY SMALL GROUP GATHERINGS

If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.

Christian Meditation: Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman jhardman@rogers.com or Liz Tyrwhitt liz.tyrwhitt@sympatico.ca.

Drumming Group: TBA - Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at daveandging@gmail.com

Healing Pathway: Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered Tuesday mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact HealingPathway2010@gmail.com

Living Into Right Relations Circle: TBA Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

Men's Breakfast: Sunday, December 3rd at 9:30 a.m. at Donna's Express. For more information contact Martin at martin.raillard@gmail.com or Paul at pdurber@rogers.com

Parents with Small Children Potluck: Will joining with the Church Advent Celebration. Information to follow.

Queer Group Potluck: Tuesday, November 28th at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at cnantel555@gmail.com

TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: Weekly book study discussion group meets on Tuesdays from 10:00 - 12:00 in Room 5/6 to discuss "Indigenous Healing" by Rupert Ross. For information, please contact Maryanne MacDonald maryanne.macd@gmail.com.

Young Adults Gathering: Tuesday, November 21st at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at abuch078@uottawa.ca

Advent Congregation Potluck Party Saturday November 25, 2017 Potluck

Everyone is asked to please bring a main dish. Salads, drinks and dessert will be supplied

6:00 to 8:00 - Dinner with lots of music and entertainment of Christmas Cheer

Send an email to office@firstunitedchurchottawa.org or call 613-232-1016 to RSVP so we know what numbers to expect for dinner and can create the entertainment program!

SOCIAL JUSTICE

END VIOLENCE AGAINST WOMEN & GIRLS

November 25 - Wear something ORANGE and/or PURPLE and join us for the launch of the UNiTE Campaign and the 16 Days Canada Campaign.

4:15 p.m. Meet at Minto Park (corner of Elgin and Gilmour Streets) for a Candlelight March to the Canadian Tribute to Human Rights Monument.

5 p.m. Jean Pigott Hall (City Hall)

Presentation of Proclamation by Mayor Jim Watson, guest speakers, entertainment, refreshments.

Thank you to the City of Ottawa for agreeing to light up the Heritage Building in ORANGE & PURPLE to shine a light on the issue of violence against women and girls.

Plans Have Begun for our Annual December 6th Service **A Gathering to Remember and a Call to Action**

Set the date aside, and more information will be shared in the next couple of weeks.

Home Energy Efficiency **TO REDUCE CARBON EMISSIONS, WE MUST BECOME MORE EFFICIENT IN OUR HOMES' ENERGY USE.**

Chris Weissflog of ECOGEN ENERGY AND BUILD will be presenting a talk on how to make existing houses more efficient and how new homes are constructed to the standards of Energy Star, R200, Net Zero and Passive House. Please join us Tuesday, Nov. 14, 2017 @ 7pm
Trinity United Church – 1099 Maitland Ave.

office@trinityunitedottawa.ca | www.trinityunitedottawa.ca

On **Sunday, November 19th**, [Multifaith Housing Initiative](#) (MHI) will bring representatives of different faith groups together to celebrate our collective efforts in making Ottawa a welcoming city to call home. This event will honour the contributions of our members to MHI.

This special year is marked by a significant milestone, the completion of our new 98-unit community in Barrhaven (called 'the Haven') in partnership with the City of Ottawa. Now that it is fully occupied, over 350 people, many of whom are children will call the Haven home. We also celebrate the development of our ground-breaking project, [Veterans House](#), for homeless veterans on the former Rockcliffe Airbase.

At this year's event, Dr. Lindy Samson, Chief of Staff and Chief Medical Officer at CHEO, will speak about the importance of affordable housing for health and well-being and the role non-profits, such as MHI, play in helping meet this need. The celebration will start with sacred Aboriginal drumming, followed by presentations from Muslim, Jewish, Baha'i, Hindu and Christian traditions. We will end the afternoon with the lively performance of the Colors of Diversity Marimba Players and refreshments.

Please join us on **Sunday, November 19, 2017** at **Ottawa City Hall**, the **Jean Pigott Place**, for a rich multifaith conversation as we bring our faith communities together around a common vital goal: helping our vulnerable brothers and sisters and ending homelessness in our city. Doors will open at **2:30 p.m.**

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