

# First Glance

October 15<sup>th</sup>, 2017

(613) 232-1016 [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

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## **Guess Who's Coming to Dinner!**

**October 28th and November 4th, 2017**

Spend a relaxing evening with 4-9 friendly people, sharing a delicious meal in someone's home. There is no charge for the meal but guests may choose to donate to a giving project. This year it is the Cornerstone Housing for Women Westboro project. Our donations will assist our partner congregation, All Saints, toward the \$75,000. they are raising for this project. Everyone is welcome – singles, couples, families.

Registration forms are available on the back table, or from Joan and Dorothy during Coffee and Conversation. You may also email: Joan Stafford [joanstafford48@icloud.com](mailto:joanstafford48@icloud.com) or Dorothy Naylor [done07@sympatico.ca](mailto:done07@sympatico.ca).

## **This is Water**

**Art Celebration on Wednesday, November 1<sup>st</sup>, 7:30 p.m.**

Everyone is invited to share water images: photos, drawings, fibre art, paintings, children's art . . . to be part of an art show/celebration of water. Art Pieces will be pinned to dividers in the Labyrinth Room, so framing is not necessary. Please include a 3 x 5 card with printed title and your name.

Please drop art contribution at a table in Labyrinth Room on October 29 after Sunday service, or make arrangements with organizers or church office for another drop off time. Art will be returned on Sunday November 5<sup>th</sup>.

There will be refreshments for the viewing on Wednesday, November 1<sup>st</sup> from 7:30-9:00 pm

For more information, contact: Maryanne MacDonald [maryanne.macd@gmail.com](mailto:maryanne.macd@gmail.com); Judith Miller [j3miller@uwaterloo.ca](mailto:j3miller@uwaterloo.ca); Joyce Hardman [jhardman@rogers.com](mailto:jhardman@rogers.com)

## **Invitations from Those Organizing our Sunday Gatherings**

**Offering Leadership on Sundays:** We celebrate the wisdom of our community, the diversity of our voices, and the depth of our experience. If you would be interested in learning more about contributing to our Sunday Gatherings, there will be a Saturday workshop on November 4<sup>th</sup> from 9:30 a.m. to 12:00 noon (an alternative time being offered for a shortened workshop on Wednesday, October 25<sup>th</sup> from 7:00 to 9:00). If you are interested in attending, please indicate to the office at [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

**Serving Communion:** If you would be interested in holding the cup or serving communion when we gather around the table to celebrate the Feast of God's love, please contact the Church office at [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org). We will be coordinating a schedule for the upcoming communion Sundays.

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# NEWS FROM FIRST UNITED

## Nurturing Christ-like Values During Difficult Times

From now until the end of this church year, our Sunday community gatherings will name Christ-like values and explore how we give expression to those values within our own community and beyond our community. We are aware of considerable tragedy and violence in our world, and so are focusing on grounding ourselves in our faith values so that we are encouraged in continuing as a healing presence in our world rather than being tempted to despair.

### October 22<sup>nd</sup> – Ordinary Sunday – World Food Sunday

Theme: Sacred Dualities  
 Story: Two Disciples, Two Blind Persons, Two Siblings in the Gospel of Matthew  
 Anthem: *Laudate Dominum* – Steve Sandberg

### October 29<sup>th</sup> – Reformation Sunday

Theme: Leadership that Heals  
 Story: The leadership offered by Jesus contrasted with the leadership of some Pharisees  
 Anthem: *Unclouded Day* – Shawn Kirchner

### November 5<sup>th</sup> – All Saints Sunday

Theme: Seeing Christ in Others and Ourselves  
 Story: “Child of Humanity” came to serve and not to be served.  
 Anthem: To be Announced

### November 12<sup>th</sup> – Remembrance Sunday

Theme: In Remembrance of Her  
 Story: A Woman Anoints  
 Anthem: *Agnus Dei* – Faure Requiem

### November 19<sup>th</sup> – Cosmic Christ Sunday

Theme: Leadership offered by Church Council  
 Story: Parable of the Sheep and Goats  
 Anthem: *I Arise Today* – Matthew Emery



*Today:*

Sales for Hallowe'en Pumpkins will take place on **October 15 and October 22**, raising funds for the J2A Pilgrimage in August 2018.



## Thank You:

Church Council wishes to thank everyone for their continued support of our community life here at First. We are grateful for the ongoing commitments in time and financial support. Presently, over 100 individuals/families give directly through “First Things First” and those giving in this way are encouraged to take a “card” at the back of the church and place it in the offering plate. For information on supporting First United through “First Things First” or envelopes, contact Margo at the church office.

<u>To September 30</u>	<u>2016</u>	<u>2017</u>	<u>Budget</u>	<u>Difference</u>
General	149,837	151,251	153,900	(2,649)
Mission & Service	25,634	24,719	26,100	(1,381)

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# SMALL GROUP MINISTRY

## WEEKLY/MONTHLY SMALL GROUP GATHERINGS

**If you have an idea for a small group gathering that you would like to initiate, please contact the office or chat with Brian who will help to facilitate getting it started.**

**Christian Meditation:** Every Monday at 5:30 pm in the Chapel. For more information contact Joyce Hardman [jhardman@rogers.com](mailto:jhardman@rogers.com) or Liz Tyrwhitt [liz.tyrwhitt@sympatico.ca](mailto:liz.tyrwhitt@sympatico.ca).

**Drumming Group:** Monday, October 23<sup>rd</sup> at 7:00 p.m. Join with other drummers for a time of connecting spirit with rhythm. For more information contact Dave Henderson at [daveandging@gmail.com](mailto:daveandging@gmail.com)

**Healing Pathway:** We return this week to our regular weekly schedule. Give yourself the gift of deep relaxation, and healing hands offered in the Spirit for the highest good of mind, body, spirit, emotions. Healing Pathway sessions are offered Tuesday mornings, afternoons, and evenings between 11:00 am and 9:00 pm by appointment. Please contact [HealingPathway2010@gmail.com](mailto:HealingPathway2010@gmail.com)

**Living Into Right Relations Circle:** Wednesday, November 1<sup>st</sup> at 7:00 pm at the church. Our circle meets to plan projects and programs for the year ahead as together we seek to be in Right Relations with First Peoples.

**Men's Breakfast:** Sunday, November 5<sup>th</sup> at 9:30 a.m. at Donna's Express. For more information contact Martin at [martin.raillard@gmail.com](mailto:martin.raillard@gmail.com) or Paul at [pdurber@rogers.com](mailto:pdurber@rogers.com)

**Parents with Small Children Potluck:** Saturday, October 28<sup>th</sup> - We gather at the Church beginning at 4:45, begin supper at 5:00. Childcare is provided as parents engage in conversation starting at about 5:20. The evening usually ends around 7:00 p.m.

**Queer Group Potluck:** Tuesday, October 24<sup>th</sup> at the home of Brian Cornelius, 7 Edgar Street. For more information contact Chantel Nantel at [cnantel555@gmail.com](mailto:cnantel555@gmail.com)

**TGIF:** Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are always welcome to join us for tea and conversation! Call Betty at 613-722-9038 for more information.

**Tuesday Morning Book Study Group:** Weekly book study discussion group meets on Tuesdays from 10:00 - 12:00 in Room 5/6 to discuss "Indigenous Healing" by Rupert Ross. For information, please contact Maryanne MacDonald [maryanne.macd@gmail.com](mailto:maryanne.macd@gmail.com).

**Young Adults Gathering:** Tuesday, October 17<sup>th</sup> at the home of Brian Cornelius, 7 Edgar Street. For more information, contact Amelia Buchanan at [abuch078@uottawa.ca](mailto:abuch078@uottawa.ca)

### **Into Our Collective Heart:**

### **Constellating for the Collective Participate in Systemic Healing Circles**

**Tuesday Oct 17 from 6:30 to 9:30 at First United Church, corner of Richmond Rd and Churchill**

Are you wanting to find a way to serve the Earth, humanity, and all living beings given all the societal challenges we are facing? Come and participate in this systemic whole body/mind, creative approach. It works!

*Participants say they experience new insights and wisdom that they have not been able to access using any other methodology. These new perspectives shift our relationships with each other and Life, opening up new options for action.*

Join to co-create the most beautiful world our hearts can imagine! This is an open group. New participants welcome!

**Facilitator: Diana Claire Douglas** [dianaclairedouglas@bell.net](mailto:dianaclairedouglas@bell.net) 613-799-1343 [www.knowingfielddesigns.com](http://www.knowingfielddesigns.com)

*This process works! You will get in touch with insights and wisdom that you never knew you had! -Garth Mundle*

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# SOCIAL JUSTICE



## Supporting our Partnership Ministry – Centre 507 October 27<sup>th</sup>, 2017

Paul Durber and Brian Cornelius, members of the Board for Centre 507, invite you to join them for the Fall Fling Dinner on October 27<sup>th</sup> from 6:00 to 9:00 p.m. Tickets are \$30 each. Contact the church office or speak with Paul or Brian to reserve one. There is also a silent auction at the event.

## Citizens for Public Justice

**Chew on This!** Join Citizens for Public Justice in **Chew on This!**, our annual fall anti-poverty campaign. Each year, on **October 17<sup>th</sup>**, the International Day for the Eradication of Poverty, volunteers across Canada hand out **Chew on This!** lunch bags containing a food item, a magnet, and a postcard directed to the federal government. This year, we are focused on making sure the federal government hears the voices of people calling for a comprehensive national anti-poverty strategy. **To organize a *Chew on This!* event or for more information, go to [dignityforall.ca/chew-on-this](http://dignityforall.ca/chew-on-this) or contact Darlene O'Leary at [darlene@cpi.ca](mailto:darlene@cpi.ca).**



## Covenant Chain Link VIII - Empowered & Empowering Youth

Date: Friday, October 20, 2017 Location: Confederation Education Centre - 1645 Woodroffe Ave Keynote: Dr. Jenny Kay Dupuis Tickets: \$25 for students and non wage earners | \$40 for adults [www.kairoscanada.org](http://www.kairoscanada.org)

Empowered & Empowering Youth - Learning From Indigenous Youth in Ottawa

Join us at the 8th annual Covenant Chain Link gathering. This year's focus is on Indigenous youth and young adults who are empowered to be change-makers and empowering others to join in their efforts.

KEYNOTE SPEAKER: Dr. Jenny Kay Dupuis was born in Northern Ontario and is a proud member of Nipissing First Nation. She is an educator, author, artist, and keynote speaker with over 15 years' success advancing innovative programs, strategies and research initiatives across Canada focusing on topics pertaining to Indigenous issues, leadership and diversity, inclusion, and the importance of relationship building today. For more information, please visit her website at <http://jennykaydupuis.com/>

## Update on Accessibility

The elevator has been equipped with a "pad system" which enables the elevator to be called from floor to floor and then be operated once inside. Presently the code is 3471#. Difficulties were encountered with the installation of the automatic doors and efforts are underway to find a solution. We will update you as soon as possible.

Work has begun on making the washroom off the Labyrinth room an accessible washroom. We hope this work will be completed over the next few weeks.

### ***LOOKING FOR MEANINGFUL VOLUNTEER WORK?***

Ancoura is a community agency in Ottawa that provides affordable housing and social supports to people living with a mental illness. We are looking for volunteers for a variety of positions. Please contact Liz Tyrwhitt at [liz@ancoura.ca](mailto:liz@ancoura.ca).

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