

# First Glance

June 11<sup>th</sup>, 2017

(613) 232-1016 [office@firstunitedchurchottawa.org](mailto:office@firstunitedchurchottawa.org)

## Living Into Right Relations Circle

June 25<sup>th</sup> **Worship** will be led by the Living Into Right Relations Circle with Rev. Dr. Jamie Scott speaking.

## TRC Reading Challenge Reflection Gathering

Following the service all those who have taken the TRC reading challenge (almost 70 of our community) are invited to reflect on their experience of reading the report and where we want to go from here. It's not too late. You can still read the report. When asked "what can we do?", Justice Murray Sinclair replied. "Well you could read the ... report"

There will be light lunch provided.

## Walk to Fight Arthritis — an Update from Harry Qualman

Thanks to all those who contributed to the team, Ann's Light, in the Walk to Fight Arthritis. I completed the Walk this past Sunday with my two daughters, sons-in-law and three grandkids. We were surprised and pleased to learn at the end of the Walk that our team had raised the most money of those from the Ottawa area ... over \$8000! A big thank you to all those who helped achieve that objective.

## INTO OUR COLLECTIVE HEART: WHERE THE PERSONAL AND COLLECTIVE MEET

**Tuesday, June 20<sup>th</sup> from 6:30 to 9:30 in the Chancel of First United Church**

Join with others exploring new ways to become sacred activists ready to serve the larger collective using a whole body/mind creative + experiential approach. Even in the face of so many societal challenges (climate change, polarized politics, refugees, right relations with indigenous people etc) let's co-create the most beautiful world our hearts can imagine!

**This is an open group. New participants welcome!**

**Theme for this session:** Exploring Reconciliation - in honour of National Aboriginal Day June 21.

**For Info:** [dianaclairedouglas@bell.net](mailto:dianaclairedouglas@bell.net)    [613-799-1343](tel:613-799-1343)

## FABRIC FROM YOUR STASH??

We are looking for fabric for a New Canadian Mom who wants to sew dresses for her high school daughters and shirts and pants for her elementary school age son.

If you have appropriate fabric in your "stash" that you are willing to part with, contact

Ruth Stewart-Verger [613 722 8402](tel:613-722-8402) [ruth.stewartverger@gmail.com](mailto:ruth.stewartverger@gmail.com)

[www.firstunitedchurchottawa.org](http://www.firstunitedchurchottawa.org)

**First United:** An Affirming Congregation

# NEWS FROM FIRST UNITED

## A SABBATICAL TIME AT FIRST UNITED

Our minister, Brian, is on sabbatical taking time for spiritual renewal as well as reflecting on creative congregational responses to societal changes impacting church life. Sabbatical shifts our routines that can rejuvenate the whole community and provide energy for new insights and perspectives to emerge.

Our whole congregation are “ministers”. To facilitate our work, Peter Farris-Manning is hired as a Sabbatical Logistics Coordinator ([peter@firstunitedchurchottawa.org](mailto:peter@firstunitedchurchottawa.org)). Peter will coordinate responses to incoming requests and is supported by a Sabbatical Team - Norman Ball (staff and refugees) Jane Ellis (finance and administration), and Carol McMurdo-Paton (spiritual nurture and pastoral care). The Presbytery appointed Howard Clark as the Pastoral Charge Supervisor for additional support.

In addition to our ongoing networks of pastoral care (i.e. Healing Pathway, TGIF, etc) we have a list of congregational volunteers and retired ministers who are available to offer pastoral support, and contact can be made with Peter or the Church Administrator, Margo.

Our Sunday services, supported by Marg and Peter, highlight the leadership and ministries that embody our congregational commitments to spiritual nurture in community, to healing, and to social and ecological justice.

June 18<sup>th</sup>      Je suis Donald: A response to Narcissism  
                    Leadership from those inspired by the Arts (Jane Sly)

June 25<sup>th</sup>      Indigenous Sunday  
                    Leadership by Living into Right Relations Circle (Diana Douglas)

Leadership has been identified for Sundays from July 2<sup>nd</sup> to August 6<sup>th</sup>. Brian returns on Sunday August 13<sup>th</sup>, and during the Fall, there will be time to integrate learnings from this sabbatical time as we nurture a vibrant future together.

# **SMALL GROUP MINISTRY**

## **WEEKLY/MONTHLY SMALL GROUP GATHERINGS**

**Young Adults Potluck Gathering:** Tuesday, June 13<sup>th</sup> - in the kitchen at the church beginning at 6:15. For more information, contact Amelia Buchanan at abuch078@uottawa.ca

**Queer Group Potluck:** Next potluck on Sept. 29<sup>th</sup>. See you in the fall! For more information, contact Chantel Nantel at cngantel555@gmail.com

**Parents with Small Children Potluck:** TBA

**Monday Christian Meditation:** **Every Monday** at 5:30 pm in the Chapel. For more information: Joyce Hardman [jhardman@rogers.com](mailto:jhardman@rogers.com) or Liz Tyrwhitt [liz.tyrwhitt@sympatico.ca](mailto:liz.tyrwhitt@sympatico.ca).

**TGIF:** Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are welcome! Call Betty at 613-722-9038 for more information.

**Tuesday Morning Book Study Group:** No meetings over the summer. We will meet again in September to discuss "Indigenous Healing" by Rupert Ross. For information, please contact Maryanne MacDonald [maryanne.macd@gmail.com](mailto:maryanne.macd@gmail.com).

**Living Into Right Relations Circle (LRRC):** For information on Book Club and Right Relations Circle, contact Diana Claire Douglas at [inspiritworks@sympatico.ca](mailto:inspiritworks@sympatico.ca) or Sharon Moon [sharonmoon@gmail.com](mailto:sharonmoon@gmail.com).

**Healing Pathway:** Offer Yourself the Gift of Self-Care and Healing Hands. Tuesdays and occasional Sundays after church. All are welcome to receive. There is no cost. You can find out more in the pamphlets on the bulletin board and at the back of the church. **Contact [healingpathway2010@gmail.com](mailto:healingpathway2010@gmail.com) to make an appointment.**

# SOCIAL JUSTICE

## FREE CONCERT

*BIG SOUL PROJECT* - Canadian hit songs

**Sunday, July 9<sup>th</sup>, 6:00 pm**

Lansdowne Park, South Court Under the direction of Roxanne Goodman With Deep Groove Band



## CONTRIBUTE TO CANADA'S ANTI-POVERTY PLAN!

As people of faith, we must stand in solidarity with those who carry the burden of poverty. The government of Canada has begun consultations for its Poverty Reduction Strategy, and **Citizens for Public Justice** (CPJ) has prepared an easy-to-use online form that you can submit directly to Employment and Social Development Canada to share what you want to see in the plan. CPJ's website also provides resources to help inform faith communities about poverty in Canada, key policy issues, and the Dignity for All campaign. Let's make sure the Canadian Poverty Reduction Strategy is strong, accountable, and promotes the dignity of all people! To make your voice heard, go to [cpj.ca/cprs](http://cpj.ca/cprs).

## NATIONAL ABORIGINAL DAY IGNITING THE SPIRIT GALA

From inspiring cultural performances, to stunning auction items and this years Trickster theme, Wabano's igniting the Spirit gala will take you on a transformative journey.

**Wednesday, June 21<sup>st</sup>, 2017**

5:00-9:30 p.m.

Ottawa Conference and Event Centre, 200 Coventry Road

For further information: email [Shelagh.mills@sympatico.ca](mailto:Shelagh.mills@sympatico.ca)



## AFFIRM UNITED ANNUAL CONFERENCE/ SPIRIT PRIDE JULY 28-30<sup>th</sup>, 2017, VANCOUVER

Registration open!

This year Affirm United/ S'affirmer Ensemble is partnering with [St. Andrew's-Wesley United Church](#) in Vancouver, joining our annual conference and AGM to SpiritPride, to make both into one amazing national event! [Registration is now open](#). We hope a diverse community of all identities will join us on Musqueam, Squamish, and Tsleil-Waututh unceded traditional territories.

Our theme will be Hope Rising: Celebrating our Spirituality. Spirit Pride precedes and is one expression of [Vancouver Pride](#), which takes place over the August long weekend. Plan to stay on!

For more information: [www.spiritpride.org](http://www.spiritpride.org) or [info@spiritpride.org](mailto:info@spiritpride.org)