

First Glance

June 4th, 2017

(613) 232-1016 office@firstunitedchurchottawa.org

PENTECOST SUNDAY

INTO OUR COLLECTIVE HEART: WHERE THE PERSONAL AND COLLECTIVE MEET

Tuesday, June 20th from 6:30 to 9:30 in the Chancel of First United Church

Join with others exploring new ways to become sacred activists ready to serve the larger collective using a whole body/mind creative + experiential approach. Even in the face of so many societal challenges (climate change, polarized politics, refugees, right relations with indigenous people etc) let's co-create the most beautiful world our hearts can imagine!

This is an open group. New participants welcome!

Theme for this session: Exploring Reconciliation - in honour of National Aboriginal Day June 21.

For Info: dianaclairedouglas@bell.net [613-799-1343](tel:613-799-1343)

"WE ARE CANADA"

Marti Settle is co-executive director of USC Canada with his colleague, Jane Rabinowicz. Jane is featured in CBC's "We Are Canada" series (episode 6). USC Canada works to make positive change in the food system by working with small-scale farmers in solidarity with indigenous communities around the world. You can watch episode 6 online using the following link: <http://watch.cbc.ca/we-are-canada/season-1/episode-6/38e815a-00c4071d528>

Colleen's cats need a summer home!

I'm looking for someone who would be willing to take care of two cats: one a senior female named Kitty and the other an eight year old male for the months of July and August. I will be working at a United Church Camp on Lake Huron as will my husband Fawkes. All of their shots are up-to-date and I will be sure their food is well supplied. If you are able to help, or may be able to help with more information my email is lowrie.colleen@gmail.com

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First United: An Affirming Congregation

NEWS FROM FIRST UNITED

A SABBATICAL TIME AT FIRST UNITED

Our minister, Brian, is on sabbatical taking time for spiritual renewal as well as reflecting on creative congregational responses to societal changes impacting church life. Sabbatical shifts our routines that can rejuvenate the whole community and provide energy for new insights and perspectives to emerge.

Our whole congregation are “ministers”. To facilitate our work, Peter Farris-Manning is hired as a Sabbatical Logistics Coordinator (peter@firstunitedchurchottawa.org). Peter will coordinate responses to incoming requests and is supported by a Sabbatical Team - Norman Ball (staff and refugees) Jane Ellis (finance and administration), and Carol McMurdo-Paton (spiritual nurture and pastoral care). The Presbytery appointed Howard Clark as the Pastoral Charge Supervisor for additional support.

In addition to our ongoing networks of pastoral care (i.e. Healing Pathway, TGIF, etc) we have a list of congregational volunteers and retired ministers who are available to offer pastoral support, and contact can be made with Peter or the Church Administrator, Margo.

Our Sunday services, supported by Marg and Peter, highlight the leadership and ministries that embody our congregational commitments to spiritual nurture in community, to healing, and to social and ecological justice.

June 11th Sacred Dance: Rituals for Reverence
 Leadership by TGIF

June 18th Je suis Donald: A response to Narcissism
 Leadership from those inspired by the Arts (Jane Sly)

June 25th Indigenous Sunday
 Leadership by Living into Right Relations Circle (Diana Douglas)

Leadership has been identified for Sundays from July 2nd to August 6th. Brian returns on Sunday August 13th, and during the Fall, there will be time to integrate learnings from this sabbatical time as we nurture a vibrant future together.

SMALL GROUP MINISTRY

WEEKLY/MONTHLY SMALL GROUP GATHERINGS

Young Adults Potluck Gathering: Tuesday, June 13th - in the kitchen at the church beginning at 6:15. For more information, contact Amelia Buchanan at abuch078@uottawa.ca

Queer Group Potluck: TBA. For more information, contact Chantel Nantel at cnantel555@gmail.com

Parents with Small Children Potluck: Saturday, June 10th at 4:45 pm to begin our potluck supper at 5:00 pm. Childcare is provided beginning at 5:20 pm leaving opportunity for parents to explore faith and life together.

Monday Christian Meditation: **Every Monday** at 5:30 pm in the Chapel. For more information: Joyce Hardman jhardman@rogers.com or Liz Tyrwhitt liz.tyrwhitt@sympatico.ca.

TGIF: Our TGIF group, which is primarily seniors but not exclusively, meets on **Fridays at 1:30** in Room 5/6. Newcomers are welcome! Call Betty at 613-722-9038 for more information.

Tuesday Morning Book Study Group: No meetings over the summer. We will meet again in September to discuss "Indigenous Healing" by Rupert Ross. For information, please contact Maryanne MacDonald maryanne.macd@gmail.com.

Living Into Right Relations Circle (LRR): Wednesday, June 7th, 7-9pm in the Chapel. Let's celebrate all we have done in this past year! For information on Book Club and Right Relations Circle, contact Diana Claire Douglas at inspiritworks@sympatico.ca or Sharon Moon sharonmoon@gmail.com.

Healing Pathway: Offer Yourself the Gift of Self-Care and Healing Hands. Tuesdays and occasional Sundays after church. All are welcome to receive. There is no cost. You can find out more in the pamphlets on the bulletin board and at the back of the church.

Contact healingpathway2010@gmail.com **to make an appointment.**

CAMP AWESOME at KITCHISSIPPI UNITED

July 24- 28, 2017 This one-week long (Ottawa Presbytery run) day camp offers a fun-filled program for children 4 to 12 at Kitchissippi United Church (630 Island Park Dr. behind the Royal Ottawa. The program includes outdoor play, stories, songs, crafts and snacks. The camp runs from 10am to 3pm; pre-camp and post-camp care is also offered. The cost for the week is \$80 (some subsidized spots are available). For more information and camp registration forms please go to www.kitchissippiuc.com/what-we-offer/camp-awesome or contact Camp Coordinator, Kirsten Gracequist at kgracequist@kitchissippiuc.com or call [613-722-7254](tel:613-722-7254).

Deadline for registration is June 10th.

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SOCIAL JUSTICE

NATIONAL ABORIGINAL DAY IGNITING THE SPIRIT GALA

From inspiring cultural performances, to stunning auction items and this years Trickster theme, Wabano's igniting the Spirit gala will take oyu on a transformative journey.

Wednesday, June 21st, 2017

5:00-9:30 p.m.

Ottawa Conference and Event Centre, 200 Coventry Road

For further information: email Shelagh.mills@sympatico.ca

Westboro Region Food Bank could really use...



Summer makes us think of barbecues, burgers and dogs, picnics and sandwiches. It's always nice to be able to include condiments. Our clients often ask for them, but we don't always have them on the shelves.

So, if you would like to bring something different—and ever-so appreciated—please think of ketchup, mustard, relish, barbecue sauce, mayonnaise, olives, pickles... whatever YOU love to have in the summer.

Thanks so much!

AFFIRM UNITED ANNUAL CONFERENCE/ SPIRIT PRIDE JULY 28-30, 2017, VANCOUVER

Registration open!

This year Affirm United/ S'affirmer Ensemble is partnering with [St. Andrew's-Wesley United Church](#) in Vancouver, joining our annual conference and AGM to SpiritPride, to make both into one amazing national event! [Registration is now open](#). We hope a diverse community of all identities will join us on Musqueam, Squamish, and Tsleil-Waututh unceded traditional territories.

Our theme will be Hope Rising: Celebrating our Spirituality. Spirit Pride precedes and is one expression of [Vancouver Pride](#), which takes place over the August long weekend. Plan to stay on!

For more information: www.spiritpride.org or info@spiritpride.org



CONTRIBUTE TO CANADA'S ANTI-POVERTY PLAN!

As people of faith, we must stand in solidarity with those who carry the burden of poverty. The government of Canada has begun consultations for its Poverty Reduction Strategy, and **Citizens for Public Justice** (CPJ) has prepared an easy-to-use online form that you can submit directly to Employment and Social Development Canada to share what you want to see in the plan. CPJ's website also provides resources to help inform faith communities about poverty in Canada, key policy issues, and the Dignity for All campaign. Let's make sure the Canadian Poverty Reduction Strategy is strong, accountable, and promotes the dignity of all people! To make your voice heard, go to cpj.ca/cprs.

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